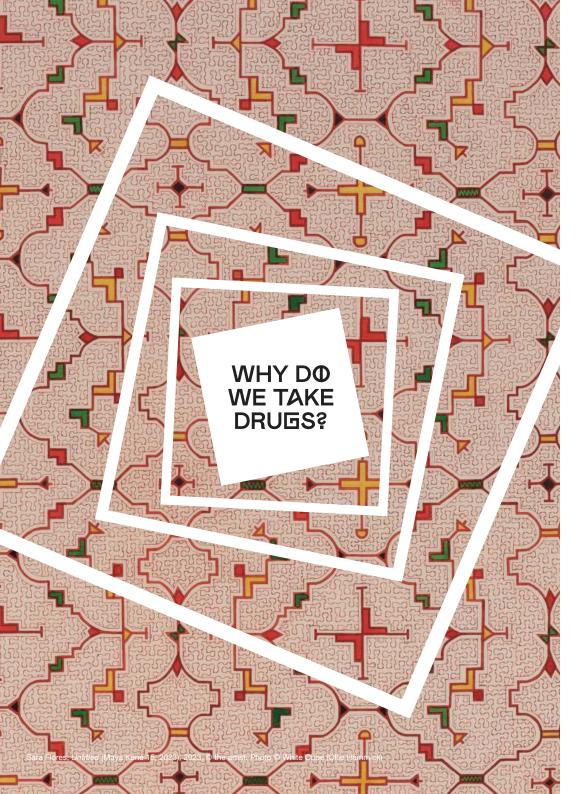
SAINSBURY CENTRE

Living Art Sharing Stories

SPRING BROCHURE 2025





SAINSBURY CENTRE SPRING BROCHURE 2025

sainsburycentre.ac.uk



As we continue to explore both the organised and chaotic use of narcotics and intoxicants, alongside the human stories and cultural impact of mind-altering substances, art at the Sainsbury Centre is coming to life to answer the big questions of our lives.

The ongoing instalments of our Why Do We Take Drugs? season displays a raw vulnerability from artists and subjects. From Lindsey Mendick's most personal project yet, revealing her relationship to alcohol and antidepressants; to the realities of heroin

dependency through the eyes of two remarkable photographers, Graham MacIndoe and Lindokuhle Sobekwa.

This vulnerability is a special and self-less thing, powerfully helping viewers of the work to learn, broaden their knowledge, and be inspired to be as equally vulnerable.

Our following big societal question for this spring, is Can the Seas Survive Us? Our oceans hold the control for great devastation and power, whilst holding intense emotional connections, claiming personal identities and being a source of life – both over and under them.

Delving into humanity's deep relationship with the seas, the explorative six-month season will navigate through the story of the oceans, highlighting their dangerous future, whilst inspiring a hopeful narrative to an alternative outlook.

Jago Cooper Executive Director





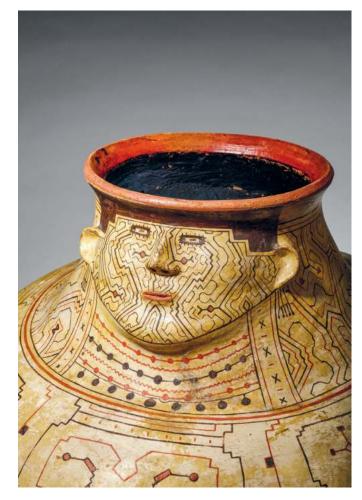






WHY DO WE TAKE DRUGS?

Season runs until 27 April 2025



The second phase of the Sainsbury Centre's groundbreaking series of exhibitions examining the highs and lows of drug cultures across the world continues this Spring. The opening two exhibitions: Power Plants: Intoxicants, Stimulants and Narcotics and Ayahuasca & Art of the Amazon (open until February 2025) look at themes of the use and dependency to substances

ranging from amphetamines and caffeine to ayahuasca and tobacco.

A new series of exhibitions and interventions explore the harsh realities of heroin dependency, and the more freely available and – perhaps controversially – socially acceptable reliance on antidepressants and alcohol. In addition, a newly commissioned work for the Sculpture Park, investigates nature as a vital drug for human wellbeing.

Featuring:
Heroin Falls: Graham
MacIndoe and Lindokuhle
Sobekwa
(open until 27 April 2025).
Hot Mess: Lindsey Mendick
(open until 27 April 2025).
Towards the Weird Heart of
Things: Ivan Morison
(open until 2 February 2025)

EXHIBITION TOURS

There will be free guided tours of these exhibitions: Power Plants: Intoxicants, Stimulants and Narcotics and Ayahuasca & Art of the Amazon every Tuesday to Sunday at 11.30am.

Please reserve your place at Gallery Reception.

HEROIN FALLS: GRAHAM MACINDOE AND LINDOKUHLE SOBEKWA

Until 27 April 2025





Heroin Falls unflinchingly reveals heroin dependency as seen through the eyes of two remarkable photographers. The exhibition aims to show how substance use and dependency is a global challenge that transcends race, location and class. Magnum photographer Lindokuhle Sobekwa (b.1995) aimed his lens at a group of young men living in the South African township of Thokoza, where they turned to using Nyaope, a low-grade form of heroin which can be mixed with many different bulking agents including cannabis products, antiretroviral drugs, as well as other materials.

While most documentary projects about dependency expose another person's behaviour, Scottishborn. New York-based photographer Graham MacIndoe (b.1963) took a very different approach: he photographed himself during the years he was dependant on heroin. He'd place a cheap digital camera on a table or bookshelf, set the self-timer to take a photo every so often, then turn his attention to the rituals of his habit. The resulting images unflinchingly depict his drug dependency, along with his creative use of the medium to chart his own recovery.



HOT MESS: LINDSEY MENDICK

Until 27 April 2025



Celebrated artist Lindsey Mendick has created new ceramic works for the Sainsbury Centre to explore her thoughts on *Why Do We Take Drugs?*

In her most personal work to date, Mendick explores her intertwined relationship with alcohol, mental illness and antidepressants. Through mythology, pathos and humour, she unpacks her (at times) debilitating anxiety and the ways in which society has learned to selfmedicate by taking drugs and drinking socially.

"This is a self-portrait of how I am now, with the desperation to join the party and to get drunk, and the utter shame and self-loathing when I've lost my inhibitions and let myself go. I want the work to show the desperate attempts at trying to piece myself back together." In this series, Mendick nods to the work of Arman (Armand Fernandez), Francis Bacon and Tracey Emin. Her work has been positioned around the Sainsbury Centre collection display, disrupting the aesthetic to represent the hungover aftermath of a party.

Lindsey Mendick won the Sky Arts Award for Visual Art in 2024.

SCULPTURE PARK COMMISSION TOWARDS THE WEIRD HEART OF THINGS: IVAN MORISON

Until 2 February 2025



Linking the two phases of the exhibition are brandnew site-specific series of sculptures by artist Ivan Morison called *The Reapers*, created in response to the curatorial provocation, *Why Do We Take Drugs?*

The specially-commissioned work – presented in collaboration between the Sainsbury Centre and Orleans House Gallery, Twickenham – features sculptures constructed from abundant agricultural organic materials including hemp, straw, beans, and tomatoes. These materials.

sourced from local harvests and combined with hay and coppiced timber from the Sainsbury Centre Sculpture Park, give the sculptures a haystack-like appearance.

These four-meter-high sculptures in the Sainsbury Centre Sculpture Park are intended to 'evolve', and will variously change colour, transform, or decay and compost over time, challenging the permanence of traditional sculpture.

Morison's works shine a light on the dichotomies that face farming communities today whilst also encouraging visitors to the show to reassess their own connections to the natural world. Here, he is presenting nature as a vital drug for human health and well-being.

At the heart of his installation is an 'eco-wakening' – designed to inspire hope and point us to the fact that the fatal risk of anthropogenic climate change can be avoided if we collectively focus on taking climate action and finding innovative solutions.

LIVING AREA: PERMANENT COLLECTION

Free guided tours. Tuesday-Sunday, 11am and 2pm Reserve your place at Gallery Reception

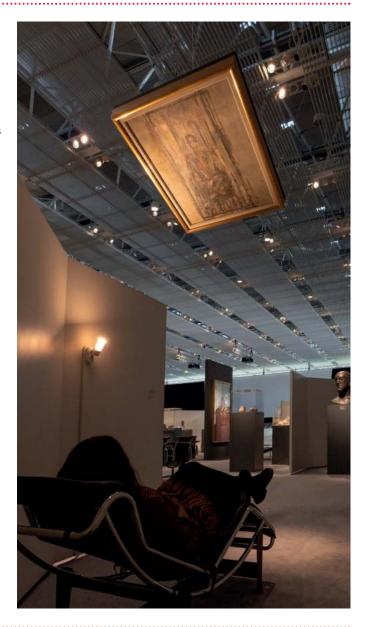
New to the Living Area: Come and take a seat in our Living Area and tell Alberto Giacometti's *Diego Seated* (1948), now suspended from the ceiling, a secret.

Encounter Lindsey Mendick's surprising intervention, Hot Mess, a series of new sculptures commissioned for the Why Do We Take Drugs? season. Mendick subverts the tradition of ceramics with her darkly comic, confessional works, disrupting the clean aesthetic like a wild and unwelcome guest at a party.

The spotlight tours will continue, which include tea and cake in the Terrace Café, followed by a tailored tour of the Living Area.

LIVING AREA TOURS

FREE guided tours Tuesday-Sunday 11am and 2pm Reserve your place at Gallery Reception.



LIVING ART

Free guided tours. Tuesday-Sunday, 11am and 2pm Reserve your place at Gallery Reception





There is no right or wrong way to meet art or behave in a museum. You don't have to be an art lover to love the Sainsbury Centre.

Allow yourself to connect with art and go on an emotional journey.

We believe that art is alive and available for everyone to enjoy and experience in their own way. Venture into our Living Area and become part of the gallery itself by entering into the glass box.

Forge relationships with art by hugging Henry Moore's Mother and Child sculpture, embrace her and hug her.

Connect with your favourite pieces through the Living Art and Sharing Stories audio tours on Smartify.

Wander through the gallery in any way you choose and meet the collection in new and engaging ways, much like you'd meet other people.

For more details, read our Handbook for Living Art or visit: sainsburycentre.ac.uk/ whats-on/livingart



SMARTIFY AUDIO TOURS AND OBJECT RECOGNITION

FREE



SoundEscapes

This new project connecting art and music aims to help bring our world-class art museum's collection to life. In this collaboration between the Sainsbury Centre and Sound and Music entitled SoundEscapes, ten of the UK's most exciting composers have been invited the world via the Sainsbury to create a new musical piece that can help capture the essence of a work of art in the Centre's collection.

With these compositions, each object in the collection will be able to better tell its life story and engage with audiences in a new and dynamic way, all through the power of music.

The compositions will be able to be heard across Centre website, and experienced physically in the museum next to the artworks that inspired them. Following our Living Art relaunch, there have been many ways for people to meet art in a more personal and emotional way in the museum. There is no better way of doing that than with the power of music.

Available in the Living Area and on Smartify.

Sound and Music

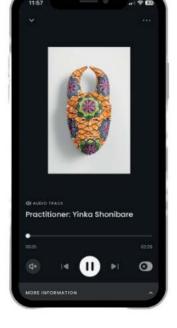
FREE SMARTIFY TOURS

Through the Smartify app, you can listen to our audio experiences and discover new ways to meet the art in our collection.

HOW TO USE

- 1. Download the free Smartify app at Smartify.org or scan the QR code:
- 2. Click 'Explore' in the app and search for 'Sainsbury Centre'
- 3. Browse our audio tours







SCAN AN OBJECT

Just click 'scan' and point your camera at an object to find out more.

You can also save objects you have scanned to your smartphone in a personal digital collection which you can share with others on Smartify.



SPOTLIGHT TOURS

Early Spring 2025

Thirteen of our most popular tours return for those who missed them.

Each tour highlights one aspect of the iconic Living Area collection, whether it's focused on a specific artist, region, or medium. Join us to uncover the fascinating stories behind our objects and discover unexpected connections between works!

Spotlight Tours include a hot drink and cake in The Terrace, followed by a tailored tour of the Living Area Please arrive from 10:30am to enjoy refreshments before the tour begins at 11am. Tickets are £6, and pre-booking is essential.

Tuesday 4 February

Africa Alive!
Celebrate the African
artworks in the collection
and our most recent African
acquisitions.
Guides: Chris Jones
and Jenni Brace.

Friday 7 February

A Variety of Vessels
Uses and manufacture
of vessels across ages
and cultures.
Guides: Lynne Middlemiss
and Dave Johnson



SPOTLIGHT TOURS

Early Spring 2025



Wednesday 12 February

An Egyptian Odyssey
Egyptian artefacts in the
Sainsbury Centre and their
ongoing influence.
Guides: Polly Gould
and Andrew Tarbuck

Tuesday 18 February

The Art and Influence of Mexico
How were modern British Artists, Henry Moore and Leonora Carrington, influenced by the works of ancient Mesoamerican cultures?
Guide: Julie Roy.

Friday 21 February

Living on the Edge
The life, survival, and
future of the Inuit peoples
of Alaska.
Guide: Jolyon Gough.

Tuesday 25 February

Talking Heads
Learn their stories by looking at human heads, both painted and sculpted.
Guide: Lin Malton.

Friday 28 February

Artists in Flight
The impact of moving
homeland and forging a
new identity.
Guide: Caroline Robson.

Wednesday 5 March

Hands Across the World

What can we learn from the depiction of hands in the collection?
Guide: Diane Freeborn.

Tuesday 11 March

Body pARTs Heads, shoulders, knees, and toes... Guide: Polly Gould.

Thursday 13 March

Artworks from the Andes 'Chorrera' ceramics from Ecuador and 'Moche' metalwork from Peru. Guides: Amanda Braden and Georgie Livingstone.

Thursday 20 March

Watch the Birdie
Birds across all ages and
cultures. Guides: Chiara
Borelli and Dave Johnson.

Friday 28 March

Bucket Man and Others Exploring the work of artist John Davies. Guide: Bo Davis.

Thursday 10 April

Is a Fragment a Work of Art? Beautiful but damaged, incomplete or decayed. Guide: Linda Chapman.

LEARNING: CHILDREN AND FAMILIES

Visit sainsburycentre.ac.uk for details

Big Sunday

Join us on the first Sunday of every month for an event with activities for all ages.

For families: Meet an artist to explore artworks and ideas.

Adults and young people: Explore our new community space and take part in a collaborative project.

Pop in at any time during the morning. FREE; no need to book.

DATES

Sunday 2 February 10.30am-12.30pm Materials Matter

Sunday 2 March 10.30am-12.30pm Materials Matter

Sunday 6 April 10.30am-12.30pm Watery Worlds



LEARNING: CHILDREN AND FAMILIES

Visit sainsburycentre.ac.uk for details



Mini Studio

Term-time workshops for parents, carers, and preschool children. Take part in relaxed guided exploration followed by multisensory play with a Sainsbury Centre artist.

DATES

Tuesday 14 January 10.30am-12.00pm Smells Good! with Verity Newman

Tuesday 11 February 10.30am-12.00pm Sounds Good!

Tuesday 11 March 10.30am-12.00pm Feels Good!

TICKETS

Book from the beginning of each month on our website and pay what you can.

12 WHAT'S ON

ABOVE: Big Sunday. Photo: Rachel Anstey-Sanders

ABOVE: Mini Studio. Photo: Rach Anstey-Sanders

WHAT'S ON 13

LEARNING: CHILDREN AND FAMILIES

Visit sainsburycentre.ac.uk for details



Creative Holiday Fun Family Studio

Saturday 15 February 10.30am-2pm Suitable for ages 5 and over Pushing Paper

An artist-led workshop for all the family, led by Sainsbury Centre associate artist James Metsoja. Join James for a day of pushing this common material to its limits! Explore how artists use paper and respond to artworks in the Sainsbury Centre Collection with your own family artworks.

TICKETS

Book in advance on our website and pay what you can.

Young Artists' Studio (7-11) 20 February

10.30am-3.30pm What Do You Make of That?

An artist-led workshop for 7-11 year olds, led by Sainsbury Centre associate artist Kaitlin Ferguson. Kaitlin will lead us on a playful investigation of unusual materials. See how artists featured in the Sainsbury Centre collection have used the resources they had to hand and create your own experimental works using biomaterials.

TICKETS

Book in advance on our website and pay what you can.

Whilst we make every effort to ensure that this information is up to date, we recommend that you check our website before attending or booking Children and Families events.

LEARNING: YOUNG PEOPLE'S PROGRAMME

Visit sainsburycentre.ac.uk for details



Sainsbury Centre Young People's Programme

Young Associates

Starts February 2025 4.40pm-6.30pm FREE, booking essential.

Sainsbury Centre Young Associates is a free creative programme for young people aged 16-25 years old to try out new ideas, learn new skills, share your work, meet artists and join a network of new collaborators.

This spring, participants will work collaboratively to develop their own

project with guidance from Sainsbury Centre Associate Artists and the Sainsbury Centre learning team.

TICKETS

For more information and to book, visit our website

THE SHOP

Visit sainsburycentre.ac.uk for details

The Sainsbury Centre Shop stocks a wide range of products, from contemporary ceramics and handmade jewellery to greetings cards, art books, and children's toys.

Explore our wide range of exhibition catalogues, covering both current and previous exhibitions - an ideal opportunity to delve deeper into the 'big questions' raised through our seasonal exhibitions.

Or why not shop our range of exhibition merchandise and bespoke souvenirs, featuring familiar favourites from our permanent collection.

And if you're feeling inspired yourself, our shop also stocks a great range of art supplies, sketchbooks, and drawing guides - perfect for every budding or practicing artist.

Remember, members get 20% off their purchase.* Visit the Sainsbury Centre shop in person during opening times.

*Exclusions apply

16 VISIT





THE TERRACE CAFE

ABOVE: The Terrace Cafe, Photo: Andv Crouch

Tuesday-Friday: 9.30am-4.30pm Saturday-Sunday: 10am-4.30pm



Sit back and enjoy the countryside views from the Terrace Cafe, with coffee from multi-award-winning roasters Square Mile, serving a menu of popular espresso-based drinks, and single origin filter coffee.

Or if you prefer, choose from our selection of refreshing soft drinks and teas from the Norfolk Tea Co.

Enjoy one of our delicious sandwiches filled with high quality local ingredients, including plant-based options!

Or choose from our selection of sweet and savoury snacks form leading suppliers from across the region, including cakes and scones from the amazing Hestia Patisserie, the award-winning Figbar, and Sticky Fingers Blinding Bakes.

And if you're out walking your dog, pop into the Terrace Cafe for a takeaway drink and treats for your four-legged friend!

Members receive a 10% discount on their entire order.

BECOME A MEMBER

Join us today

Visit sainsburycentre.ac.uk/members for details



Experience more from the Sainsbury Centre by becoming a member. Thank you to our current members for your support; your generosity helps us to care for our collections and continue to open world-class exhibitions.

With an annual membership, you can enjoy a year filled with art.

Or why not spread the joy and gift a membership to a loved one?

Each membership comes with a free welcome pack and includes the following benefits:

Benefits

Free and unlimited entry to the Sainsbury Centre and all special exhibitions Special exhibition previews
Priority booking for tours and events
20% discount in the Sainsbury Centre Shop*
10% discount at the Terrace Café
Exclusive Members' newsletter
Exclusive events, talks, and tours
Members-only parking permit

Annual Membership

Individual | £45 Individual +1 | £50 Individual + Guests | £75

Young Membership (for under 30s)

Individual | £35 Individual + 1 | £40 Individual + Guests | £70

Student Membership

Free student membership is available to all University of East Anglia (UEA) and Norwich University of the Arts (NUA) students with valid student ID.

Join us today:

sainsburycentre.ac.uk/members

Call 01603 593199 or email us at scva@uea.ac.uk

*Exclusions apply



MODERN LIFE CAFE

Tuesday-Friday: 9am-5pm Saturday-Sunday: 10am-5pm



Modern Life Café

To be found in the beautiful glass fronted West end of the Sainsbury Centre.

Morning pastries start the day followed by a premium menu serving sourdough toasties, salad bowls, full counter service hot lunch and homebaked cakes and scones.

A children's picnic box or pizza twist deals are also available. Top quality espresso-based coffees, luxury hot chocolates and loose-leaf teas are all on offer alongside a range of soft drinks, wines, beers and cider.

Venue Hire

The Sainsbury Centre is a unique landmark of architectural history, making it a perfect setting for any special event. We can host corporate events, group visits, location filming, studio workshops and more, as well as offering a range of catering and accommodation options.

If you would like to contact us about booking an event, please email Laszlo Szucsko, Cafe, Events & Hospitality Manager: I.szucsko@uea.ac.uk

Support the **Sainsbury Centre** and help bring amazing art to life!

The Sainsbury Centre exists thanks to the generosity of others, from the gift of Lord and Lady Sainsbury in 1978 to the current day support of individuals, trusts and foundations, and corporate partners. This support enables the Centre to stage worldclass exhibitions, to deliver inclusive family and communities programmes. and produce radical new content on our digital channels and in the museum space.



If you are interested in supporting the Sainsbury Centre and enable more people to experience groundbreaking art, please contact:

SC.Development@uea.ac.uk



VISITOR INFORMATION

Visit sainsburycentre.ac.uk for details

INFORMATION

Sainsbury Centre University of East Anglia, Norwich Research Park, Norwich NR4 7TJ

01603 593199. Lines open Monday-Friday 10am-5pm

OPENING TIMES

Tuesday-Friday 9am-6pm (Special exhibitions open at 9.30am)

Saturday-Sunday 10am-5pm Closed Mondays, including Bank Holidays

ENTRY

Our Universal Ticket gives you access to everything at the Sainsbury Centre, including our Permanent Collection, all special exhibitions, and our incredible Sculpture Park. Tickets are on a 'Pay If and What You Can' basis, meaning you choose how much you'd like to pay, and are available at the Gallery Reception. No prebooking is required. For additional access needs, please contact us at scva@uea.ac.uk or call 01603 593199. If you are a member, please present your membership card at Gallery Reception.

PLAN YOUR VISIT

ACCESS

There is level access on the ground floor to our Permanent Collection, Modern Life Cafe, Sainsbury Centre Shop, Terrace Cafe, and accessible toilets. There is lift access to the Mezzanine Gallery, and lift and ramp access to the Lower Galleries.

MODERN LIFE CAFE

Monday closed Tuesday to Friday: 9am - 5pm Saturday and Sunday: 10am - 5pm

THE TERRACE CAFE

Monday closed Tuesday to Friday: 9.30am - 4.30pm Saturday and Sunday: 10am - 4.30pm

Last orders taken at 4pm

PARKING

Parking is FREE. Please register your car at the Gallery Reception. If our car park is full, overflow parking is available - please ask at the Gallery Reception for directions.

ANNOUNCEMENTS

SCHOOL VISITS

School visits to all our exhibitions are welcome throughout the year. For more information on school visits and workshops, please email:

scvagroupvisits@uea.ac.uk

VENUE HIRE

The Sainsbury Centre regularly hosts corporate events, group visits, location filming, studio workshops and more. To contact us about booking an event and our range of catering options, please email: events.scva@uea.ac.uk

GROUP BOOKINGS

We welcome visits from larger groups. If you would like to make a group booking, please email: scva@uea.ac.uk

CONNECT WITH US

Join us on social media Search @sainsburycentre













NEW SEASON: CAN THE SEAS SURVIVE US?

Spring 2025



The Sainsbury Centre continues its innovative series of investigative exhibitions in 2025 with a new programme that charts a course through the story of the world's oceans and the precarious future they may be heading towards.

As sea levels rise, oceans are also warming, becoming more acidic, and containing

less oxygen. The United Nations describe the oceans as "overwhelmed" as human overfish, pollute, and destroy habitats, with the ocean's health declining at an "alarming rate".

Featuring contemporary art, historical paintings, ancient atlases and maps from across the globe, the season explores humanity's enduring and complex relationship with the sea. Three concurrent exhibitions explore *Can the Seas Survive Us?*, examining the choices shaping our future due to climate change, while emphasising the vital importance of the oceans and the life beneath the waves for the viability of our shared future.

A WORLD OF WATER

15 March-3 August 2025



A day at the seaside or rain at Wimbledon. So much of our shared experience of the British summer involves water. But what would the world be like without water, or more critically, without our seas and oceans and all the lifeforce within it?

A World of Water brings together works by British

and International artists from the last 250 years who have all offered a unique perspective of evolving marine ecosystems and oceanic habitats. Taking the North Sea and the historical relationship between Norfolk and the Netherlands as its starting point, the exhibition looks at the human impact on the sea.

The exhibition encourages visitors to understand the complexity of sea and marine life, whilst encouraging a collective, global effort to mitigate the impacts of climate change and support action to restore marine ecosystems.

Featuring artworks by Julian Charrière (b. 1987), John Crome (1768-1821), Olafur Eliasson (b.1967), Maggi Hambling (b. 1945), Josh Kline (b. 1979), Eva Rothschild (b. 1971), George Vincent (1796-1832), Hendricus Theodorus Wijdeveld (1885-1987), and many others, the exhibition will pose pivotal questions about how we can transform our relationship with the seas. It will explore responses to pressing issues such as climate change, coastal erosion, and environmental degradation.



Art Fund_

John Ellerman

HUDSONArchitects

DARWIN IN PARADISE CAMP: YUKI KIHARA

15 March-3 August 2025



The Sainsbury Centre is proud to host the UK premiere of *Paradise Camp*, a celebrated work by Yuki Kihara (b.1975), an interdisciplinary artist of Sāmoan and Japanese descent, which will be exhibited alongside newly commissioned work.

Previously presented at the Aotearoa New Zealand Pavilion in the 59th Venice Biennale in 2022, Paradise Camp upcycles the works of French painter Paul Gauguin (1848–1903). Through archival research, Kihara believes Gauguin's paintings made during his time in Tahiti and the Marquesas Islands were inspired by colonial photographs taken in Sāmoa.

Darwin in Paradise Camp will feature original works by Gauquin alongside Kihara's Paradise Camp for the very first time.

The exhibition foregrounds how a closer relationship between humanity and the seas can save the communities most at risk of the human-caused impact on the seas, as well as the seas themselves.

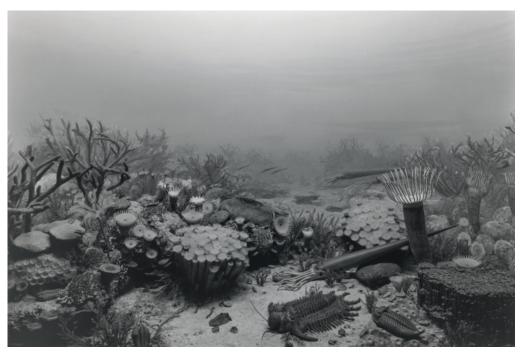
Supported by





SEA INSIDE

7 June-21 September 2025



Have you ever wondered what it feels like to live underwater, to be inside a shell, or even the belly of a whale?

Featuring experimental contemporary artworks across a range of media by artists including Shuvinai Ashoona (b.1961), Marcus Coates (b.1968), Evan Ifekoya (b.1988), Laure Prouvost (b.1978) and Hiroshi Sugimoto (b.1948), Dr Sarah Wade and Dr Pandora Syperek have

curated a unique oceanic experience that explores humanity's interconnections, interrelationships, and immersion in oceans.

While some humans have pursued life above or under water, – others have and still are subjected to its horrors. Yet the sea has often been viewed as a mysterious 'other', with its expansive surface and seemingly infinite depths dominating marine imagery in the history of Western art. Conversely,

artworks in this exhibition explore the ways the oceans have been domesticated, reimagined on a bodily scale and brought inside to be tamed, contained or better understood.

Sea Inside turns our oceanic gaze towards the sea's more intimate spaces – whether physical, psychological or imaginary – and dives into shared watery origins, Indigenous ways of life and the items we remove from the sea to display on land.

NEW SEASON OF EXHIBITIONS ARRIVING 15 MARCH 2025

sainsburycentre.ac.uk

